

Diamel vs **Diamel Plus** to support glucose metabolism and insulin sensitivity.

While both formulations share a strong foundation of active ingredients—such as **bilberry extract**, **alfalfa**, **L-carnitine**, **L-arginine**, **glycine**, **cysteine**, and essential vitamins and minerals—**Diamel Plus** introduces several additional components that enhance its therapeutic potential, especially for individuals with more advanced metabolic needs.

1. **Broader Antioxidant and Endocrine Support:**

Diamel Plus includes **vitamin D3**, **chromium picolinate**, and **iodine**, which are not present in the original Diamel formula. These nutrients are essential for improving insulin sensitivity, thyroid function, and glucose uptake.

2. **Enhanced Botanical Synergy:**

The addition of **cinnamon extract** and **Gymnema sylvestre** in Diamel Plus provides further support for glycemic control by reducing glucose absorption and stimulating β -cell regeneration.

3. **Metabolic Optimization:**

Both include **L-ornithine**, which supports ammonia detoxification and insulin secretion, and **magnesium stearate**, which may aid in nutrient bioavailability.

4. **Formulation Purpose:**

While **Diamel** is effective for general support in insulin resistance and metabolic balance, **Diamel Plus** is specifically formulated for patients with **more complex metabolic conditions with faster results**.

In summary, **Diamel Plus** builds upon the proven foundation of Diamel by incorporating additional synergistic ingredients that provide a more comprehensive and targeted approach to metabolic health.